

### **Listing of the Claims**

1-12. (Canceled)

13. (Previously Presented) An apparatus for providing daily visual indications relating to various phases of a woman's menstrual cycle, said apparatus comprising:

a string;

a first bead of a first color positioned on the string to indicate the first day of a menses phase of the woman's menstrual cycle, the first bead being removed from the string at the end of the woman's menstrual cycle;

a plurality of second beads positioned on the string to indicate each additional day of the menses phase, the second beads being of the first color and different in size than the first bead and being removed from the string at the end of the woman's menstrual cycle;

a third bead positioned on the string to indicate the day the woman's menses phase crosses over to a fertile phase of the woman's menstrual cycle, the third bead being of the first color, a second color, and a third color and different in size than the second beads and being removed from the string at the end of the woman's menstrual cycle;

a plurality of fourth beads positioned on the string to indicate each additional day of the fertile phase, the fourth beads being of the second color and being removed from the string at the end of the woman's menstrual cycle;

a fifth bead positioned on the string to indicate the day the woman's cervical mucus begins drying up, the fifth bead being of the second and third colors and being removed from the string at the end of the woman's menstrual cycle;

a plurality of sixth beads positioned on the string to indicate each additional day the woman's cervical mucus is drying up, the sixth beads being of the second and third colors and different in size than the fifth bead and being removed from the string at the end of the woman's menstrual cycle;

a seventh bead positioned on the string to indicate the first day of an infertile phase of the woman's menstrual cycle, the seventh bead being of the third color and being removed from the string at the end of the woman's menstrual cycle; and

a plurality of eighth beads positioned on the string to indicate each additional day of the

infertile phase, the eighth beads being of the third color and shaped different from the seventh bead and being removed from the string at the end of the woman's menstrual cycle.

14. (Original) The apparatus of Claim 13 wherein there is a total of four of the second beads.

15. (Original) The apparatus of Claim 13 wherein there is a total of three of the sixth beads.

16. (Previously Presented) The apparatus of Claim 13 further comprising:  
an ovulation prediction kit for determining the day during the fertile phase when a level of luteinizing hormone released by the woman's pituitary gland surges; and  
a ninth bead positioned on the string to indicate the day when the luteinizing hormone level surges, the ninth bead being of the second color and shaped different from the fourth beads and being removed from the string at the end of the woman's menstrual cycle.

17. (Previously Presented) The apparatus of Claim 16 further comprising:  
a plurality of tenth beads positioned on the string to indicate days on which the woman engages in a coital act, the tenth beads being of a fourth color and being removed from the string at the end of the woman's menstrual cycle.

18. (Previously Presented) The apparatus of Claim 13 wherein:  
the second beads are smaller in size than the first bead;  
the third bead is larger in size than the second beads;  
the fifth bead is larger in size than the sixth beads; and  
the sixth beads are smaller in size than the fifth bead.

19. (Previously Presented) The apparatus of Claim 16 wherein:  
the second beads are smaller in size than the first bead;  
the third bead is larger in size than the second beads;  
the fifth bead is larger in size than the sixth beads; and

the sixth beads are smaller in size than the fifth bead.

20. (Previously Presented) The apparatus of Claim 17 wherein:

the second beads are smaller in size than the first bead;

the third bead is larger in size than the second beads;

the fifth bead is larger in size than the sixth beads; and

the sixth beads are smaller in size than the fifth bead.

21. (Previously Presented) An apparatus that provides daily visual indications relating to various phases of a woman's menstrual cycle, said apparatus comprising:

an ovulation prediction kit for determining the day during a fertile phase of the woman's menstrual cycle when a level of luteinizing hormone released by the woman's pituitary gland surges, wherein the surge in the woman's luteinizing hormone level is correlated with the day of a cervical mucus peak in the woman's menstrual cycle;

a string;

a first type of bead positioned on the string to indicate the first day of a menses phase of the woman's menstrual cycle and removed from the string at the end of the woman's menstrual cycle;

a plurality of a second type of beads positioned on the string to indicate each additional day of the menses phase and removed from the string at the end of the woman's menstrual cycle;

a third type of bead positioned on the string to indicate the day the woman's menses phase crosses over to a fertile phase of the woman's menstrual cycle and removed from the string at the end of the woman's menstrual cycle;

a plurality of a fourth type of beads positioned on the string to indicate each additional day of the fertile phase and removed from the string at the end of the woman's menstrual cycle;

a fifth type of bead positioned on the string to indicate the day the woman's cervical mucus begins drying up and removed from the string at the end of the woman's menstrual cycle;

a plurality of a sixth type of beads positioned on the string to indicate each additional day the woman's cervical mucus is drying up and removed from the string at the end of the woman's menstrual cycle;

a seventh type of bead positioned on the string to indicate the first day of an infertile

phase of the woman's menstrual cycle and removed from the string at the end of the woman's menstrual cycle;

a plurality of an eighth type of beads positioned on the string to indicate each additional day of the infertile phase and removed from the string at the end of the woman's menstrual cycle; and

a ninth type of bead positioned on the string to visually indicate the day of the cervical mucus peak in the woman's menstrual cycle when the luteinizing hormone level surges based on a result from the ovulation prediction kit and removed from the string at the end of the woman's menstrual cycle;

wherein at least one of said first, second, third, fourth, fifth, sixth, seventh, eighth, and ninth types of beads is of at least two colors and wherein at least two of said first, second, third, fourth, fifth, sixth, seventh, eighth, and ninth types of beads are different from one another in at least one of shape and size.

22. (Previously Presented) The apparatus of Claim 21 wherein there is a total of four of the second type of beads.

23. (Previously Presented) The apparatus of Claim 21 wherein there is a total of three of the sixth type of beads.

24. (Previously Presented) The apparatus of Claim 21 wherein:  
the first type of bead is of a first color;  
the second type of beads are of the first color and are smaller in size than the first type of bead;  
the third type of bead is of the first color, a second color, and a third color and is larger in size than the second type of beads;  
the fourth type of beads are of the second color;  
the fifth type of bead is of the second color and the third color and is larger in size than the sixth type of beads;  
the sixth type of beads are of the second color and the third color and are smaller in size than the fifth type of bead;

the seventh type of bead is of the third color and is shaped differently from the eighth type of beads;

the eighth type of beads are of the third color; and

the ninth type of bead is of the second color and is shaped differently from the fourth type of beads.

25. (Previously Presented) The apparatus of Claim 21 further comprising:

a plurality of a tenth type of beads positioned on the string to indicate days on which the woman engages in a coital act and removed from the string at the end of the woman's menstrual cycle.

26. (Previously Presented) The apparatus of Claim 25 wherein:

the first type of bead is of a first color;

the second type of beads are of the first color and are smaller in size than the first type of bead;

the third type of bead is of the first color, a second color, and a third color and is larger in size than the second type of beads;

the fourth type of beads are of the second color;

the fifth type of bead is of the second color and the third color and is larger in size than the sixth type of beads;

the sixth type of beads are of the second color and the third color and are smaller in size than the fifth type of bead;

the seventh type of bead is of the third color and is shaped differently from the eighth type of beads;

the eighth type of beads are of the third color;

the ninth type of bead is of the second color and is shaped differently from the fourth type of beads; and

the tenth type of beads are of a fourth color.

27. (Previously Presented) An apparatus that provides daily visual indications relating to various phases of a woman's menstrual cycle, said apparatus comprising:

a string;

a plurality of beads, each bead being positioned on the string to indicate different days of the woman's menstrual cycle and removed from the string at the end of the woman's menstrual cycle, the plurality of beads including:

a first type and a second type of the beads associated with a menses phase of the woman's menstrual cycle;

a third type and a fourth type of the beads associated with a fertile phase of the woman's menstrual cycle, wherein one of the third type and the fourth type of the beads is associated with the day the woman's menses phase crosses over to a fertile phase of the woman's menstrual cycle, the one of the third type and the fourth type of beads associated with the day the woman's menses phase crosses over to the fertile phase of the woman's menstrual cycle being orientable in at least three different orientations on the string to indicate a result of an observation of the woman's cervical mucus and comprising a tri-color bead having three holes formed therethrough, wherein:

a first one of the holes includes an opening in a first color portion of the tri-color bead, the first color portion being associated with a continued menstrual bleeding result of the observation;

a second one of the holes includes an opening in a second color portion of the tri-color bead, the second color portion being associated with a dry or absent cervical mucus result of the observation; and

a third one of the holes includes an opening in a third color portion of the tri-color bead, the third color portion being associated with a sticky or egg-white cervical mucus result of the observation;

a fifth type and a sixth type of the beads associated with days on which the woman's cervical mucus is drying up; and

a seventh type and an eighth type of the beads associated with an infertile phase of the woman's menstrual cycle;

wherein each of said first, second, third, fourth, fifth, sixth, seventh, and eighth types of beads are different in appearance from one another in at least one of color, shape, and size.

28. (Previously Presented) The apparatus of Claim 27 further comprising:

an ovulation prediction kit for determining the day during a fertile phase of the woman's menstrual cycle when a level of luteinizing hormone released by the woman's pituitary gland surges; and

wherein the plurality of beads further includes:

a type of bead associated with the day when the luteinizing hormone level surges.

29. (Previously Presented) The apparatus of Claim 27 wherein the plurality of beads further includes:

a type of bead associated with days on which the woman engages in a coital act.

30. (Canceled)

31. (Previously Presented) The apparatus of Claim 27 wherein:

the two types of beads associated with the menses phase of the woman's menstrual cycle comprise a larger bead of a first color and a plurality of smaller beads of the first color;

one of the types of beads associated with the fertile phase of the woman's menstrual cycle comprises a plurality of beads of a second color;

the two types of beads associated with days on which the woman's cervical mucus is drying up comprise a larger bead of the second color and a third color and a plurality of smaller beads of the second color and the third color; and

the two types of beads associated with an infertile phase of the woman's menstrual cycle comprise a plurality of beads of the third color and a differently shaped bead of the third color.